Stuffed Mirlitons

Ingredients:

2 Mirlitons, cut in half
1 Onion, chipped

1 Bell Pepper, chopped

3 Clives Garlic, chipped

1 lb Raw Shrimp

Bread Crumbs

Instructions:

Boil Mirlitons until soft
Sauté Onions, Bell Peppers, Garlic
Add mashed Mirlitons and Shrimp
Cover with Bread Crumbs
Bake on 350 for 30 minutes